



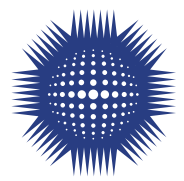
SAFETY AND QUALITY MANAGEMENT INSTITUTE

Arrêté N° 081 / MINEFOP / SG / DFOPSDGSF/ SACD du 18 Juin 2012

SQMI is « Knowledge for Work »
SQMI assure « La Formation pour les Grands Projets »

NEBOSH Accredited Training Centre

- NEBOSH Health and Safety Courses
- Quality Management
- PMP Project Management
- Entrepreneurship
- Purchasing and Supply
- Leadership and Management Training
- COMPTIA Security+
- COMPTIA CYBERSECURITY
- Oracle Certified Associate
- Oracle Database Administrator DBA



nebosh

Accredited Centre

932



**The National Examination
Board in Occupational Safety
and Health (NEBOSH)**

Dominus Way,
Meridian Business Park,
Leicester LE19 1QW

Tel: +44 (0) 116 263 4700
Fax: +44 (0) 116 282 4000
Email: info@nebosh.org.uk
www.nebosh.org.uk

Version: 2
Specification date: October 2018
Publication date: October 2019

Registered Charity Number: 1010444

© NEBOSH. All rights reserved. No part of this publication
may be reproduced, stored in a retrieval system or transmitted
in any form, or by any means, electronic, electrostatic,
mechanical, photocopied or otherwise, without the express
permission in writing from NEBOSH.

International General Certificate in Occupational Health and Safety

Qualification guide for learners



Qualification overview

Qualification overview

Qualification key features

Unit prefixes and title/s:	Unit IG1: Management of health and safety Unit IG2: Risk assessment	
Assessment:	Assessment Type Unit IG1: Question paper Unit IG2: Practical assessment	Assessment Time 2 hours 3 hours
Modes of study:	A full-time block release course (minimum of two weeks, ten working days including question paper hours) Part-time day release (spread over at least ten weeks) Open or distance learning	
Qualification level and number of credits:	SCQF Level 6 with 11 credits (Equivalent to RQF Level 3)	
Entry requirements:	None	
Recommended minimum standards of English:	Equivalent to an International English Language Testing System score of 6.0 or higher in IELTS tests	
Languages available:	English, Arabic, French, Mandarin, Portuguese (European), Russian, Spanish (European) and Turkish Note: examinations in languages other than English cannot be taken in the UK	
Pass standards:	Unit IG1: 45 marks Unit IG2: The minimum standard required for a Unit IG2 'Pass' can be found on page 8 of the IG2 Guidance for Learning Partners and Learners A 'Pass' must be achieved in both units to achieve the International General Certificate in Occupational Health and Safety	
Qualification grades:	The qualification grade is based on the result from Unit IG1 Distinction: 75 marks or higher Credit: 65 - 74 marks Pass: 45 - 64 marks	

Qualification overview

Who is the qualification designed for?

This qualification is designed for anyone (managers, supervisors and workers) in any type of organisation. It's ideal for anyone who needs a broad understanding of health and safety issues to be able to manage day-to-day risks effectively. Many people take the International General Certificate in Occupational Health and Safety (IGC) as a first step in a career in health and safety. It gives a valuable overview, and is a sound basis for further professional study.

Benefits for learners

The IGC looks at everyday solutions for general workplace health and safety issues. When you have completed the qualification, you will be able to:

- justify the need for health and safety improvements;
- advise on duties for health and safety in the workplace;
- help your organisation to manage contractors;
- work within a health and safety management system;
- positively influence health and safety culture and behaviour;
- carry out a general risk assessment (using a 5-step approach) of your workplace;
- recognise workplace changes and their impacts and understand how to minimise these impacts;

- develop basic safe systems of work that include emergency arrangements and know when to use a permit-to-work system;
- take part in incident investigations; and
- help your employer check the effectiveness of their health and safety management system through monitoring, auditing and review.

Benefits for employers

When you achieve the IGC, you will be a huge asset to your employer. You will make a real difference in the workplace. You will have the knowledge, understanding and skills to help protect the health and safety of all workers. You will also be able help your employer to comply with the law and good practice, as well as help them avoid the huge costs from incidents and ill-health.

Qualification overview

Professional membership

Once you have your qualification parchment for the IGC, you can apply for the following memberships.

Membership body	Membership category	Designatory letters
International Institute of Risk and Safety Management	Associate	AIIRSM
Institution of Occupational Safety and Health (IOSH)	Associate	AIOSH
	Technical	Tech IOSH

Syllabus development and review

We developed the syllabus following wide consultation with key stakeholders: Learning Partners (the companies that deliver your training), employers, trade unions, standards-setting organisations, past and present learners and subject experts. We are especially grateful to the following contributors:

- Qatar Steel;
- The FA Group;
- Travis Perkins;
- UAE Ministry of Education; and
- Unite the Union.

How a rising star of safety is improving lives in Kenya



David Ongesa grew up in a small village in Homabay County within the western region of Kenya. After completing an Environmental Science degree David secured a Health and Safety Officer position. To help him in his new role, he wanted to gain more health and safety knowledge and chose to complete the NEBOSH International General Certificate in Occupational Health and Safety.

After passing this qualification David implemented what he had learned in his workplace. "I began by engaging with leadership at work, explaining how we should approach the management of occupational safety and health. They bought into my ideas and within 12 months we had reduced lost-time injuries (LTI) by a record 75%."

David shared his experience and achievements at several conferences and his reputation began to grow. He found a new role with his current employers ARM Cement PLC. In his first year with the company LTIs fell from 13 to just five, a significant achievement in what is a high-risk industry. David's salary has more than doubled since he passed his NEBOSH Certificate, so his self-investment was certainly worthwhile.

Qualification overview

Achieving the qualification

The IGC has two unit assessments (see 'Qualification key features' for details on the assessments and the pass standards); you must achieve a 'Pass' in each unit to be awarded the qualification.

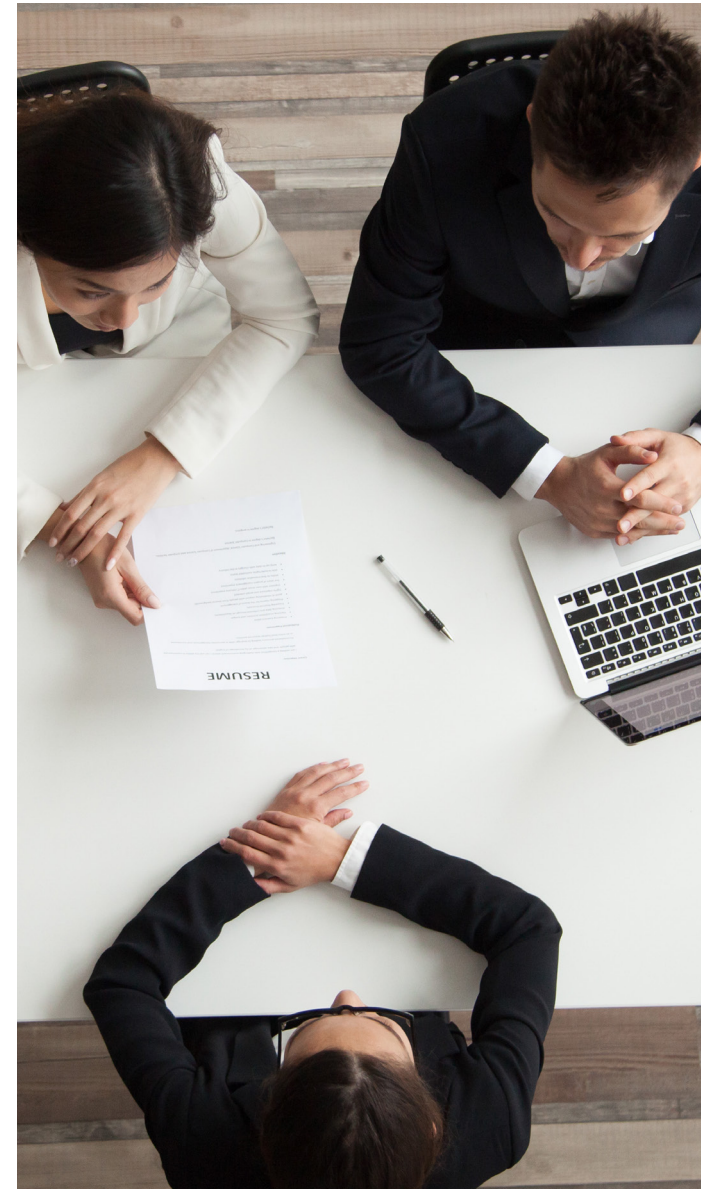
You will have **five years** to complete your qualification. The five-year period starts from the date you passed your first successful unit (we call this the 'declaration date'). Any unit that is five or more years old will not count towards the qualification and you will need to retake this/these unit(s) if you still want to complete the qualification.

Re-sitting unit(s)

You may re-sit a unit assessment if:

- you achieved a 'Pass' in a unit that is five or more years old and you need it to achieve the qualification;
- you are 'Referred' (ie, don't pass); or
- want to retake Unit IG1 to get a higher grade (Unit IG2 is 'Pass' or 'Refer' and does not count towards the qualification grade).

There is no limit to the number of times you can re-sit unit(s) within the five-year period. A refund will not be given if you register to re-sit a unit before an original unit result is known. If your re-sit result is lower than the original mark, you will keep the original mark awarded for the unit. Re-sit marks are not capped.



Qualification overview

Re-sitting IG1 to improve your grade

If you want to try to improve your grade in Unit IG1, you need to tell us in writing within 20 working days of the declaration date of your second successful unit. Otherwise, a qualification parchment will automatically be issued showing the original declaration date.

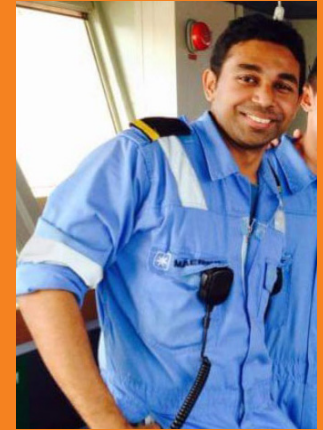
Finding where to study

You can search for Learning Partners (the people that provide your training course) using the 'Where to study' tab on our website: www.nebosh.org

Note: it is best to check directly with the Learning Partner for up-to-date information on course dates.

What if your life is 'all at sea'?

Sooraj Jacob from Kerala in India is a second officer for Maersk Line, which is the world's largest container shipping business. One aspect of his position that he really enjoys is health and safety. It forms a significant part of his responsibilities as he also covers the role of HSE Officer on board. Sooraj therefore wanted to take a health and safety qualification to help him excel in this aspect of his role.



"When I did my research, the name NEBOSH kept coming up, so I decided to take the NEBOSH International General Certificate. It has given me great insight into not just the technical aspects, but also the whole management side of things. During my studies I came across people from other industries, who helped me realise it doesn't matter which industry you work in, the root causes of accidents and the ways to manage and control risks are often the same. I now see NEBOSH as a bridge in terms of my career. This qualification gives me a good entry point for a health and safety specific career and has opened up my options for working onshore too."

Qualification overview

Qualification grading and issue of qualification parchment

Your qualification grade is based only on the result from the question paper (Unit IG1). But you need to achieve a 'Pass' in both units (Unit IG1 and IG2) before the parchment can be issued.

The grading boundaries are as follows:

75+	Distinction
65-74	Credit
45-64	Pass
0-44	Refer

When you have completed both units, you are normally considered to have completed the whole qualification. We will then send you a qualification parchment within 40 working days of your final successful unit. We will only issue individual Unit certificates on written request.

Once we issue the result of the second successful unit, you have 20 working days to either:

- tell us in writing that you want to re-sit a successful unit to improve your grade (see 'Re-sitting unit(s)' for further information); or
- submit an Enquiry About Result (EAR) request; please see the EAR policy for further information: www.nebosh.org.uk/policies-and-procedures/enquiries-about-results-ears

Syllabus

Syllabus

Syllabus summary

Element		Assessment
1	Why we should manage workplace health and safety	<p>Question paper (one 20-mark question and ten 8-mark questions)</p> <p>Unit IG1: Management of health and safety</p> <p>Elements 1.1, 1.2 and 3.4 are also assessed by the practical assessment (Unit IG2)</p>
2	How health and safety management systems work and what they look like	
3	Managing risk – understanding people and processes	
4	Health and safety monitoring and measuring	
5	Physical and psychological health	<p>Practical assessment</p> <p>Unit IG2: Risk assessment</p>
6	Musculoskeletal health	
7	Chemical and biological agents	
8	General workplace issues	
9	Work equipment	
10	Fire	
11	Electricity	

Syllabus

Learning outcomes and assessment criteria

Learning outcome The learner will be able to:	Related content	Assessment criteria	Assessment (QP = question paper, P = practicals)
Justify health and safety improvements using moral, financial and legal arguments	1.1–1.2	Discuss the moral, financial and legal reasons for managing health and safety in the workplace Explain how health and safety is regulated and the consequences of non-compliance	QP, P
Advise on the main duties for health and safety in the workplace and help their organisation manage contractors	1.3	Summarise the main health and safety duties of different groups of people at work and Explain how contractors should be selected, monitored and managed	QP
Work within a health and safety management system, recognising what effective policy, organisational responsibilities and arrangements should look like	2.1–2.2	Give an overview of the elements of a health and safety management system and the benefits of having a formal/certified system Discuss the main ingredients of health and safety management systems that make it effective – policy, responsibilities, arrangements	QP
Positively influence health and safety culture and behaviour to improve performance in their organisation	3.1–3.3	Describe the concept of health and safety culture and how it influences performance Summarise how health and safety culture at work can be improved Summarise the human factors which positively or negatively influence behaviour at work in a way that can affect health and safety	QP

Syllabus

Learning outcome The learner will be able to:	Related content	Assessment criteria	Assessment (QP = question paper, P = practicals)
Do a general risk assessment in their own workplace – profiling and prioritising risks, inspecting the workplace, recognising a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures, planning actions	1.1 1.2 3.4 5–11	Explain the principles of the risk assessment process and Produce a risk assessment of a workplace which considers a wide range of identified hazards (drawn from elements 5 – 11) and meets best practice standards ('suitable and sufficient')	QP, P
Recognise workplace changes that have significant health and safety impacts and effective ways to minimise those impacts	3.5	Discuss typical workplace changes that have significant health and safety impacts and ways to minimise those impacts	QP
Develop basic safe systems of work (including taking account of typical emergencies) and knowing when to use permit-to-work systems for special risks	3.6–3.8	Describe what to consider when developing and implementing a safe system of work for general activities Explain the role, function and operation of a permit-to-work system Discuss typical emergency procedures (including training and testing) and how to decide what level of first aid is needed in the workplace	QP

Syllabus

Learning outcome The learner will be able to:	Related content	Assessment criteria	Assessment (QP = question paper, P = practicals)
Take part in incident investigations	4.2	Explain why and how incidents should be investigated, recorded and reported	QP
Help their employer to check their management system effectiveness – through monitoring, audits and reviews	4.1, 4.3, 4.4	<p>Discuss common methods and indicators used to monitor the effectiveness of management systems</p> <p>Explain what an audit is and why and how it is used to evaluate a management system</p> <p>Explain why and how regular reviews of health and safety performance are needed</p>	QP

TÉMOIGNAGES

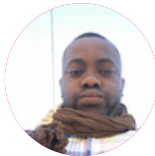
“

Ma réussite au certificat NEBOSH est en grande partie due, à la qualité de la formation fournie par l'organisme SQMI. Ayant certes une expérience dans le domaine HSE, j'admets que les informations reçues pendant ma préparation au test NEBOSH ont profondément changé ma perception des aspects santé et la sécurité au travail applicables dans n'importe quel organisme.

SQMI réalise durant toute la formation, et à chaque étape importante relative aux objectifs NEBOSH, des évaluations régulières des compétences qui permettent à chaque stagiaire de bien saisir les contours des aspects santé et sécurité au travail abordés précédemment et de favoriser avec aisance la transition vers un objectif suivant.

Enfin, une descente sur le terrain nous a permis de passer en revue tous les aspects du système de management de la santé et la sécurité au travail, et donc de concilier la théorie à la pratique dans le respect du timing défini lors des examens NEBOSH, pour nous préparer à l'évaluation réelle. Aujourd'hui, la certification NEBOSH m'a permis de mener avec succès le projet de première certification santé et sécurité au travail (OHSAS 18001 V 2007) en Afrique pour le compte de mon Entreprise. Merci à toute l'équipe SQMI pour leur dévouement et très bonne continuation.

Destaing LOUKOMBO,
Coordonnateur HSE,
Bolloré Transport & Logistics
Pointe Noire Congo



“

After graduating with a Master degree in HSE from the University of Douala, I was advised by my former manager to enroll in the NEBOSH IGC course. He advised that the NEBOSH approach to Health and Safety is more pragmatic and focused. I did some google search and realized that we have accredited institution in Cameroon offering the course few kilometres away from me. I immediately enrolled on the program and succeeded on my first attempt thanks to the discipline and tutoring approach of the team of tutors at Safety and Quality Management Institute Douala.

My NEBOSH IGC had given me an international perspective in the identification and control of hazards in the workplace and as well as the establishment of a Health and Safety Management system based on an International standard in my organisation that I am currently working on.

My advice to everyone who is still looking for a career or who already is practicing in the HSE field is enroll for the NEBOSH IGC course. You will never regret you took this decision.

FOTSING YANKAM Thelma
HSE Supervisor,
Cameroon Assistance Sanitaire



“

Après avoir longuement réfléchi sur mon orientation professionnel, et après avoir entendu les témoignages de certains experts en SST, j'ai décidé de suivre une formation certifiante, à l'instar de NEBOSH IGC, qui me permettra de devenir non seulement certifié, mais aussi reconnu à l'international...

C'est ainsi qu'après recherche j'ai trouvé SQMI, seul centre agréé à former les candidats à l'examen NEBOSH IGC au Cameroun.

Une CHANCE pour moi, quand je me rends compte aujourd'hui que nulle n'aurait été le choix et la qualité des enseignants et formateurs mis à notre disposition par SQMI pour nous préparer au test NEBOSH, je n'aurais pas réussi à percevoir, comprendre et maîtriser au travers des cours en salle, évaluations régulières, descente sur le terrain, les différentes étapes de cette formation.

Comment alors vous exprimer ma joie, maintenant que je suis certifié NEBOSH IGC. J'ai ensuite obtenu une promotion dans mon lieu de service et réaliser mon rêve et ma carrière professionnelle...

Tout simplement Merci infiniment et merci encore à SQMI

Mr. Donald TSAFACK,
EXPRO HSEQ Coordinator
Cameroon / TCHAD and
Equatorial Guinea



“

I obtained my NEBOSH International General Certificate in March 2015 with SQMI Cameroon and since then job opportunities have been endless. Barely 3 months after, I was recruited by SIMI Armal, a Portuguese Company as a Health and Safety supervisor for the SONARA (Oil Refinery) Extension Project. My performances was laudable as I utilized the strategies of risk assessment, safety culture and safe work systems taught in the NEBOSH IGC course to successfully manage a team of 50 workers without any incident. This has led to my promotion to another bigger project with more challenging position as the HSE project manager with SIMI Cameroun in Kribi working on the SNH-GPL BIPAGA Kribi gas project. Thanks to NEBOSH and SQMI, my company can trust the health and safety of its employees under my responsibility.

Marywright Bumah
Project HSE Manager
SIMI CAMEROON (SNH-GPL BIPAGA
KRIBI GAS PROJECT)



RÉFÉRENCES DE FORMATION NEBOSH

GABON



Weatherford

MAUREL & PROM

CONGO



Eni

**BAKER
HUGHES**

Bolloré

EXPRO

CAMEROUN



eneo
The energy of Cameroon

GEODIS
YOUR PARTNER
FOR LOGISTICS AND DISTRIBUTION

GLOBELEQ
POWERING AFRICA'S GROWTH

OiLibya

PROFIL DU FORMATEUR



“

Eric VOTMIA FOMANTUM est un professionnel de la sécurité chevronné et un tuteur approuvé par NEBOSH ICC pour l'anglais et le français. Il a un total de 22 ans d'expérience en industrie

09 ans

Comme technicien/Opérateur
Oil and gas (Oil and gas
offshore).

01 an

Comme coordinateur
logistique (Oil and gas
onshore)

03 ans

En tant que spécialiste en
achat et approvisionnement
(contract Specialist)

09 ans

En tant que consultant
et formateur en santé et
sécurité au travail

CURRICULUM



Licence en droit public de
l'Université de Yaoundé II.



Maîtrise en administration
des affaires en finance (MBA
Finance)



Diplôme professionnel en
achat et approvisionnement
de CIPS- UK (CIPS Level 6)



Certificat NEBOSH Général
International en Santé et
Sécurité au travail.



Certificat technique NEBOSH
pour le pétrole et le gaz.



Diplôme International
NEBOSH en Santé et Sécurité
au travail.



Auditeur principal IRCA
OSHAS 18001.

“

M. VOTMIA est le fondateur et
formateur en sécurité de l'Institut de
gestion en sécurité et qualité (SQMI)
basé au Cameroun, un centre agréé
NEBOSH ICC.

+300

Délégués NEBOSH formés.

**Avec un taux de réussite de plus
de 70%.**

M. VOTMIA est
également un
formateur certifié
par l'American Heart
Association First
Aid/CPR/AED et par
l'OSHA.



**SAFETY AND QUALITY
MANAGEMENT INSTITUTE**

 www.sqmicmr.org

FRAIS DE FORMATION NEBOSH

OUR FEES

FORMATION	COUT/COST	MENSUALITE/ INSTELEMENTS
NEBOSH IGC FORMATION A DISTANCE (FRENCH)	700 000	2
FORMATION NEBOSH IGC (COUR DU SOIR	900 000	2
NEBOSH IGC TRAINING ENGLISH	725 000	2
NEBOSH IGC TRAINING DISTANT LEARNING-ENGLISH	600 000	2
NEBOSH PROCESS SAFETY MANAGEMENT (DISTANCE LEARNING	500 000	2
NEBOSH PROCESS SAFETY MANAGEMENT CLASSROOM	650 000	2
NEBOSH DIPLOMA	1 550 000	2
NEBOSH HEALTH AND SAFETY AT WORK	TBA	

Payment mode:

- Cash
- Mobile Money
- Wire transfer

Contact: Tel/Whatsapp: +237652032160
+2376576213853

Email: infos@sqmicmr.org